## **Manipur Traditional Costumes**

Manipur traditional costumes are very charisma and attractive and very simple and easier to wear them. The patterns and designs on the costumes are very unique and colorful.



# **Manipur Traditional Costumes for Women:**

Innaphi and Phanek are the Manipuri traditional dress for women in Manipur. All Manipuri women wore these costumes. Phanek is worn like a sarong. The Manipuri dress is woven with the hand in horizontal line designs. The people also weave special Phanek, those called Mayek Naibi. The designs on Naibi are horizontal stripes and very attractive to look. This dress gives an extra appearance to the women and glows the beauty of the wearer. Meitai Females only stitch a cloth which called Kanap Phanek. The Kanap Phanek seems in the design of skirt and Meitai females stitched it with various designs. 'Lai-Phi is another attractive

cloth, which is in white color having a yellow border. 'Chin-Phi' is also another Manipuri traditional costume; the costumes made with embroidered Phanek.

### **Manipur Traditional Costumes for Men:**

Manipur Men wear their traditional costume dhoti with a jacket. The white turban called Pagri wear commonly. The superior member of society wears cloth which called Khamen Chatpa. The Khamen Chatpa is generally worn on the ritual occasions. In ancient period the kings gifted Khamen Chatpa to the Genius, Poets and well-known people as the gifts and award. In ancient times the kings wear the special Ningthoupee dress and the warriors wear Zamphie during the wars.

## **Manipuri Dress For Modern People:**

Manipur people strictly follow their tradition and culture. But in modern times the western cultural influencing on the daily life of people. Christianity spreading rapidly in Manipur, so Manipur societies become conscious on fashion. The Shirts, Jackets, Jeans and t-shirts turned very common among the youngsters to wear. Perhaps they do not turned down the following of wearing their traditional costumes. Their old fashion has been mixing with the modern fashion. At present the old Impanhi traditional dress of women wearing with a modern skirt.

### **Festival costumes of Manipur:**

Manipur people celebrate their festivals in a wide range of rich culture. People in Manipur wear a wide range of attires during the festival seasons. Rasa Leela festival celebrates with complete rumpus, during this festival, Manipur people wore Kumins and Potlois. While performing their traditional dance performances such as Phurits and Koks, they wear some other traditional dresses.





## **Nagaland Traditional Dresses**

The traditional costumes worn in Nagaland are a lot different from the other states of India. shawl as compared to an ordinary man residing in the village. Classification

of Nagaland Traditional Dresses on the basis of tribes:

### **Angami Tribe**

The pattern is common amongst all the dresses of Angamis which is bands coloured red and yellow on top of a black cloth named Lohe. The Angami villages which lie in the western regions, however, have a different and differentiating pattern.

Lohe - Traditional Shawl Of Angami Tribe

#### Lothas

Lothas have a separate distinction of shawls on the basis of the number of gennas which are performed by the one wearing it.



#### Lotha Girls

Changs (Shawls)

## Tsungkotepsu

It is an Ao warrior shawl which has a variety of figures including those of Tiger, Mithun, elephant, cock, a human head, and spear on top of it.



**Kaksi nei** is the dress worn by unmarried boys as well as girls. A newly married couple wears the **Silang nei**. **Tobu nei** is a different kind of Chang shawl which has zig-zag patterns of red and black colours alternately on a blue band.

#### Kilt

Kilt is another commonly worn dress apart from the shawl. A kilt is denoted as the working dress which is usually black. It is intricately designed with cowries which make it appear like a male dress. Before the cowries are designed on the kilt, they are rubbed on a stone so as to make them stick well on the cloth. The man who uses the kilt is the one to sew it.



**Thadou Dress** 

#### **ART & CULTURE**

The Mojo Of Nagaland Culture - Cultural Diversity of Nagaland





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